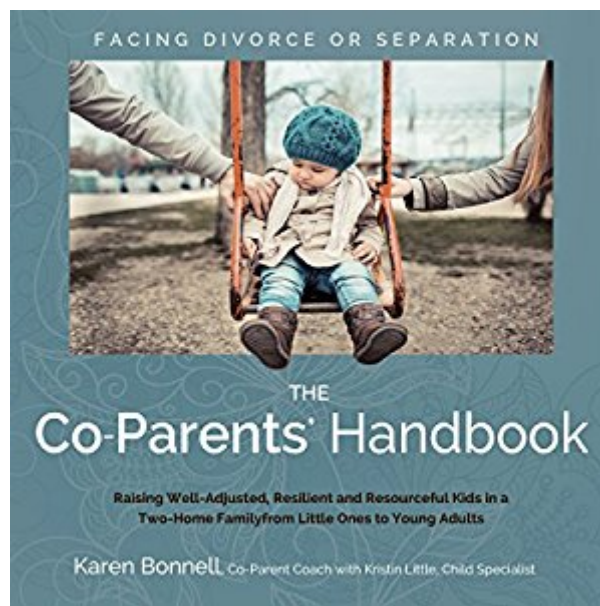


The book was found

# The Co-Parents' Handbook: Raising Well-Adjusted, Resilient, And Resourceful Kids In A Two-Home Family From Little Ones To Young Adults



## Synopsis

When it comes to a child's sense of family, what divorce breaks apart, solid co-parenting rebuilds. With a tested "here's how" approach, *The Co-Parents' Handbook* helps parents confidently take on the challenges of raising children in two homes. Addressing parents' questions about the emotional impact of separation, conflict, grief and recovery, the authors skillfully provide a road map for all members of the family to safely navigate through separation/divorce and beyond. Parents discover through practical guidance how to move from angry/hurt partners to constructive, successful co-parents. The pages are chock-full of helpful strategies to resolve day-to-day issues in an easy-to-use format. This audiobook is here to answer questions, help parents co-parent and ensure kids thrive! We will show you ways to: Successfully work through difficult feelings while forming your "business of co-parenting relationship" Build a mutually respectful co-parenting relationship Keep your children front and center while protecting them from adult conflict and concerns Understand your children's needs as they navigate the loss and change of divorce Help your children build resilience and competence in the face of family change Implement strategies and protocols for day-to-day living in a two-home family that work

## Book Information

Audible Audio Edition

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## Customer Reviews

I was in a joint 50/50 custody arrangement with my ex-wife since our divorce but despite that arrangement my ex-wife expressed no interest in co-parenting with me and our relationship was

dysfunctional. Despite being court-ordered to attend co-parenting counseling, it was on the bottom of her priority list. I felt from the beginning of our separation that attending co-parenting counseling would have been the best gift we could have given to our young sons, and I felt helpless as three years passed with time being wasted with not only no progress being made in our co-parenting communication but with the situation becoming more and more harmful to our young sons. When I read Karen Bonnell's book I knew this was a person who understood exactly what I was wanting for my children. With our parenting plan slated for modification in the court system, my attorney and my ex-wife's attorney both had actually recommended Karen Bonnell to us as a co-parenting coach and it was an honor to have a couple of sessions with her in person. I consider myself very lucky to have had the opportunity to speak with her in person about my life, my children and my co-parenting situation. Her words are wise and she knows what she's talking about. She knows what the children need from their divorced parents and can objectively give advice to both sides. Despite the unfortunate fact that my ex-wife still wasn't committed to learning better skills in how to co-parent our children together, I still valued the lessons I learned from Karen's book and from our two coaching sessions with her. I urge divorced parents to take a divorce recovery course and to read Karen Bonnell's book for the sake of their children. It takes two willing parties to co-parent successfully.

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